

MARSHALL COUNTY
MENTAL HEALTH & DEVELOPMENTAL DISABILITIES
SERVICES

STRATEGIC PLAN

FY 2010-2012



Public Hearing 3/31/09
Marshall County Board of Supervisors

Marshall County Central Point of Coordination
Courthouse Annex, 101 East Main St.
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Vision Statement:

Marshall County's Mental Health and Developmental Disability vision is to ensure that the community is equipped to address the mental health and disability needs of its citizens. We will endeavor to realize this vision through a cooperative relationship between the citizens, health care providers and county government, which provides needed services, and barrier free access to those services, and operates in the interest of the citizens of the community.

Citizens recognize the need to provide a caring and empowering community for all members of the population, particularly those without a strong voice.

Government will strive to maintain awareness of community needs, assure that appropriate services are available, facilitate simplified access to services, maintain a supportive role to providers and serve as responsible stewards of the resources entrusted to it by the citizens.

Providers will strive to enable individuals to reach their individual potential, provide effective and appropriate treatments for illness, achieve standards of excellence in their respective fields, and involve consumers of services in addressing their needs.

Development of Strategic Plan

Needs Assessment:

An informal needs assessment is ongoing with constant communication with providers, the Marshall County Board of Supervisors, Targeted case management, consumers and the MH/DD Advisory Board. Formally the needs are addressed each year through consumer and provider surveys and reported in the annual report.

On February 17, 2009 a public meeting of the Marshall County MH/DD Advisory board, consisting of providers, case managers, consumers, community representatives and administrative personnel met at the Marshalltown Library. This meeting was a review of the Marshall County MH/DD budget, annual reports and the current strategic plan. Areas of need were identified through previous advisory board meetings, current discussion, and review of the annual Marshall County MH/DD annual reports. Future use of this plan will be used to update and continually strive to provide the best services available within the funding available.

Needs identified:

- ❖ Budget concerns that may lead to cuts of service or waiting lists.
- ❖ Transition of Elderly to services to better serve their needs and funding that is available to serve the population.
- ❖ Transition of youth as they transition into adult services.
- ❖ Improve the data system to have better information on utilization.
- ❖ Increase in mental health commitments.
- ❖ Jobs available for individuals with disabilities.
- ❖ Knowledge of disability services in the community.

The public hearing for the strategic plan was held March 31, 2009. Notices appeared in the Marshalltown Times Republican and the State Center Enterprise.

Goals and Objectives Section

Goal 1 – Marshall County will improve the transition process for students from school to adult service providers by June 30, 2012.

Objective:

The Marshall County MH/DD Advisory Board shall work with AEA and High School/Middle School personnel to identify individuals that will qualify for services and help them access the appropriate services when as needed.

Action Steps FY10:

1. Distribute the Marshall County MH/DD Services brochure to local schools, AEA267 and the Department of Human Services.
2. Meet with school personnel responsible for transition at each of the County High Schools to discuss the referral process.
3. Participate in the AEA267 Transition Advisory Board.
4. Identify areas of need regarding transition.

Measurement will be the documentation of meetings and identified needs for transition. There is no additional cost for this step as the MH/DD brochure is already available.

Action Steps FY11:

1. Meet with school personnel responsible for transition at each of the County Middle Schools to discuss the referral process.
2. Meet with Targeted Case Manager for the children's mental health waiver to discuss the referral process.
3. Target areas of need from FY10 #4 action step.
4. Identify areas of need regarding transition.

Measurement will be the documentation of meetings and new identified needs. There is no cost for this action step.

Action Steps FY12:

1. Meet with Marshall County Department of Human Services case workers to discuss the referral process.
2. Monitor that ongoing communication continues to ensure a more streamlined transition process.

Measurement will be the documentation of meetings and report on transition in Marshall County. There is no cost for this step.

Goal 2 – Marshall County will increase, provide and promote employment opportunities for individuals with disabilities by June 30, 2012.

Objective:

The Marshall County MH/DD Advisory Committee will work with individuals to identify employment interests and needs and assist them in accessing employment opportunities.

Action Steps FY10:

1. Continue to support individuals at any level of appropriate employment (supported employment, work services, competitive employment, or combination of these).
2. Continue to support the providers of these services. The core group is Marshall County, IVRS, MIW, Inc., and Goodwill.
3. Promote employment options in the community to:
 - students in transition to adult services (see Transition goal in this plan).
 - adults with disabilities currently receiving services.
 - adults with disabilities not currently receiving services.
4. Utilize employment readiness analysis to identify individuals ready for employment and what level of employment is appropriate. (This will improve success and make more efficient use of funds).

Measurement will be the documentation of meetings to work on these steps, the number of individuals currently employed at each service level, the number identified who could benefit from employment, and transition activity.

The cost will be in meeting time. There is no additional cost.

Action Steps FY11:

1. Monitor and review results from FY10. Make adjustments as necessary and continue goal.

Measurement will be the documentation of meetings to further the goal and well as the number served, or waiting to be served, at each level.

The cost will be in meeting time and the cost of employment services as needed.

Action Steps FY12:

1. Review data from FY10 and FY11 to determine if this goal needs further action.

Measurement will be the documentation of meetings to further the goal and well as the number served, or waiting to be served, at each level.

The cost will be in meeting time and the cost of employment services as needed.

Goal 3 – Marshall County wants to improve the community’s awareness of mental health services by June 30, 2012.

Objective:

The Marshall County MH/DD Advisory Board will provide a resource guide, online information, and community outreach education about the different mental health services and resources in Marshall County.

Action Steps FY10:

Community Resource Guide

1. Develop a comprehensive, user friendly, descriptive guide to services.
2. Distribute resource guide to consumers, community agencies, hospitals, and law enforcement.

Measurement will be the finished resource guide and number of copies distributed.

Cost will be to print the copies of the resource guide. Actual cost will be determined on the number printed.

Action Steps FY11:

Centralized Online Resource Guide

1. Resources will be available on the Marshall County website. The website will allow for information to be printed.

Measurement will be the website being operational and available for use. There will not be a cost associated with this addition to the County website.

Action Steps FY12:

Community Education

1. Consumers and guardian will be educated about services and costs
2. Community agencies will be educated regarding appropriate use of resources and referral sites.

Measurement will track the education provided. There is no cost associated for FY12.

Services and supports:

The following matrix outlines services funded in whole or part by Marshall County and are available to eligible individuals with a diagnosis of Mental Illness, Chronic Mental Illness, Mental Retardation or Developmental Disability. An Asterisk () denotes mandated by federal or state law:*

SERVICE	MI	CMI	MR	DD	
4x03	Information and Referral	X	X	X	X
4x04	Consultation				
4x05	Public Education Services	X	X	X	X
4x06	Academic Services				
4x11	Direct Administrative	X	X	X	X
4x12	Purchased Administrative	X	X	X	X
4x21-374	Case Management – Medicaid Match*		X	X	X
4x21-375	Case Management – 100% County Funded		X	X	X
4x21-399	Other				
4x22	Services Management	X	X	X	X
4x31	Transportation – Non Sheriff		X	X	X
4x32-320	Homemaker/Home Health Aides		X	X	
4x32-321	Chore Service				
4x32-322	Home Management Services*			X	
4x32-325	Respite*			X	
4x32-326	Guardian/Conservator				
4x32-327	Representative Payee				
4x32-328	Home/Vehicle Modification*			X	
4x32-329	Supported Community Living*		X	X	X
4x32-399	Other (CMI-HABILITATION/SCL/ (MR-HCBS/CDAC)*		X	X	
4x33-345	Ongoing Rent Subsidy				
4x33-399	Other				
4x41-305	Outpatient				
4x41-306	Prescription Medication	X	X		
4x41-307	In-Home Nursing*			X	
4x41-399	Other				
4x42-305	Outpatient	X	X	X	X
4x42-309	Partial Hospitalization*		X		
4x42-399	Other				
4x43	Evaluation	X	X	X	X
4x44-363	Day Treatment Services*		X		
4x44-396	Community Support Programs		X		
4x44-397	Psychiatric Rehabilitation		X		
4x44-399	Other				
4x50-360	Sheltered Workshop Services		X	X	X
4x50-362	Work Activity Services		X	X	X
4x50-364	Job Placement Services		X	X	X
4x50-367	Adult Day Care		X	X	X
4x50-368	Supported Employment Services		X	X	X
4x50-369	Enclave		X	X	X
4x50-399	Other				
4x63-310	Community Supervised Apartment Living Arrangement (CSALA) 1-5 Beds				
4x63-314	Residential Care Facility (RCF License) 1-5 Beds		X	X	X
4x63-315	Residential Care Facility for the Mentally Retarded (RCF/MR License) 1-5- Beds			X	

4x63-316	Residential Care Facility for the Mentally ill (RCF/PMI License) 1-5 Beds		X		
4x63-317	Nursing Facility (ICF,SNF or ICF/PMI License) 1-5 Beds				
4x63-318	Intermediate Care Facility for the Mentally Retarded (ICF/MR License) 1-5 Beds*			X	X
4x63-329	Supported Community Living		X	X	X
4x63-399	Other 1-5 Beds				
4x6x-310	Community Supervised Apartment Living Arrangement (CSALA) 6 & over Beds				
4x6x-314	Residential Care Facility (RCF License) 6-15 Beds		X	X	X
4x6x-315	Residential Care Facility for the Mentally Retarded (RCF/MR License) 6 & over Beds			X	X
4x6x-316	Residential Care Facility for the Mentally Ill (RCF/PMI License) 6 & over Beds		X		
4x6x-317	Nursing Facility (ICF,SNF or ICF/PMI License) 6 & over Beds				
4x6x-318	Intermediate Care Facility for the Mentally Retarded (ICF/MR License) 6 & over Beds*			X	X
4x6x-399	Other 6 & over Beds				
4x71-319	Inpatient/State Mental Health Institutes*	X	X	X	X
4x71-399	Other				
4x72-319	Inpatient/State Resource Centers*			X	X
4x72-399	Other				
4x73-319	Inpatient/Community Hospital	X	X		
4x73-399	Other				
4x74-300	Diagnostic Evaluations Related to Commitment	X	X	X	X
4x74-353	Sheriff Transportation*	X	X	X	X
4x74-393	Legal Representation for Commitment *	X	X	X	X
4x74-395	Mental Health Advocates*	X	X	X	X
4x74-399	Other				

All Utilization review will be annually or more frequent as determined by the interdisciplinary team.

Provider Network and Access Points

* Denotes local access points. Staff at these agencies will help complete the needed application form, a needs assessment if necessary and forward the completed application to the Marshall County Central Point of Coordination office that determines eligibility and service funding.

AGENCY	CO #	SERVICES	ADDRESS	PHONE
10-15 Regional Transit	62	Transportation	2417 South Emma St. Ottumwa, IA 52501	800-227-6390 Fax 641-683-0671
Abbe Center for Community Care	57	RCF/MI	1860 County Home Rd Marion, IA 52302	319-398-3534
Broadlawns Medical Center	77	Inpatient Hospital	1801 Hickman Road Des Moines, IA 50314	800-373-2806
*Career Development Center	64	Work Activity	22 South 2 nd Ave. Marshalltown, IA 50158	641-754-1321 Fax 641-754-1321
Cedar Valley Community Support	7		3121 Brockway Rd Waterloo, IA 50701	319-233-1288 Fax 319-233-1461
*Central Iowa Residential Services Inc. (CIRSI)	64	Supported Community Living (SCL) Adult Day Care HCBS	1002 S 12 th Ave. Marshalltown, IA 50158	641-752-5762 Fax 641-752-9514
*Center Associates	64	Outpatient Mental Health	9 N 4th Ave. Marshalltown, IA 50158	641-752-1585 Emergency 641-752-8467
Chatham Oaks, Inc	52	RFC	4515 Melrose Place Iowa City, IA 52246	319-887-2701 Fax 319-887-9154
Cherokee Mental Health Institute	18	Inpatient Hospital	1251 W. Cedar Loop Cherokee, IA 51012	712-225-2594
Child Serve		HCBS	1915 Philadelphia St Ames, IA 50015	515-232-7220
Christian Opportunity Center	63	ICF/MR	PO Box 347 Pella, IA 50219	641-628-1162
Clarinda Mental Health Institute	73	Inpatient Hospital	1800 N. 16 th St./POB 338 Clarinda, IA 51632	712-225-2594
Community Care, Inc.	23	RCF	108 E Industrial St. DeWitt, IA 52742-2063	563-677-2231 Fax 563-677-2312
Comprehensive System	34	RCF/MR Work Activity ICF/MR	1700 Clark St P.O. Box 457 Charles City, IA 50616	641-228-4842
Country Living Care Center.	86	RCF	2840 K Avenue Toledo, IA 52342	641-484-3561 Fax 641-484-3651
DAC, Inc.	49	HCBS Work Activity	1710 East Maple Maquoketa, IA 52060	563-652-5252
Delaware, Dubuque & Jackson RTS	31	Transportation	3505 Stoneman Rd / Ste 5 Dubuque, IA 52002	800-839-5005
*Department of Human Services TCM	64	Targeted Case Management	101 E. Main Street Marshalltown, IA 50158	641-844-1510
Diamond Life Health Care	79	RCF	Box 820 Montezuma, IA 50171	641-623-5715
Easter Seals of Iowa	77	HCBS	401 NE 66 th Avenue Des Moines, IA 50313	515-289-1933
*Ellsworth Municipal Hospital	42	Inpatient Hospital	110 Rocksylvania Iowa Falls, IA 50126	641-648-4631
Exceptional Opportunities	55	RCF/MR Work Activity	Box 99 Burt, IA 50622	515-924-3251

First Resources	26	HCBS Sheltered Workshop	110 East Washington Sigourney, IA 52591	641-622-2543 Fax 641-622-2818
Friendship Arc Homes	85	HCBS	130 S Sheldon Ave Ames, IA 50014	515-292-9556
Genesis Development	54 8	Work Activity	1607 N. Lake Avenue Storm Lake, IA 50588	712-732-5038
Glenwood Resource Center	65	ICF/MR HCBS	711 South Vine St. Glenwood, IA 51534	712-527-4811 Fax 712-732-3312
*Goodwill Industries of Central Iowa	64	Supported Employment	16 East Main St. / Ste 106 Marshalltown, IA 50158	641-691-7586 Fax 641-753-8965
Heartland Senior Services	85	Transportation	205 S Walnut Ave Ames, IA 50010	515-233-2906
Homestead Living & Learning Center	77	HCBS Work Activity Transportation	8272 NE 12 th Street Runnells, IA 50237	515-967-4369
Iowa Home Care LLC	64	HCBS	26 E Main St. Marshalltown, IA 50158	641-752-5545
Independence Mental Health Institute	10	Inpatient Hospital	2277 Iowa Avenue Independence, IA 50644	319-334-2583 Fax 319-334-5252
Kathleen's Care Inc.	74	RCF	PO Box 50536 Emmetsburg, IA 50536	712-852-2267
Kevington Lane, Inc	36	RCF	2876 230 th St. Sidney, IA 51652	712-374-2296 Fax 712-374-2309
Krysilis	85 & 99	ICF/MR CSALA HCBS	PO Box 222 Nevada, IA 50201 210 NW 2 nd St./POB 13 Clarion, IA 50525	515-382-5520 515-532-3221 Fax 515-532-6630
Liberty Square Care Center	34	RCF	111 S Boulder Nora Springs, IA 50458	641-749-5372 Fax 641-749-2630
Lutheran Services in Iowa, Inc.	64	HCBS	3116 University Ave. Des Moines, IA 50311	515-232-0206
Mainstream Living	85	HCBS	2012 East 13 th Street Ames, IA 50010	515-232-8405
Mallard View, Inc.	51	RCF	17504 Mahogany Ave Carroll, IA 51401	712-792-3785 Fax 712-792-9841
*Marshalltown Municipal Transit	64	Transportation	905 East Main St. Marshalltown, IA 50158	641-754-5719
Mary Greeley Medical Center	85	In-Patient Hospital	1111 Duff Ave Ames, IA 50010	515-239-2011
Midas Council of Government	94	Transportation	602 1 st Ave S Fort Dodge, IA 50501	515-576-7183 Fax 515-576-7184
*MIW, Inc.	64	Sheltered Workshop	909 S 14th Ave Marshalltown, IA 50158	641-752-3697
Mosaic	77	ICF/MR	4220 E. Douglas Des Moines, IA 50317	515-262-7799
Mt. Pleasant MHI	44	Inpatient Hospital	1200 E. Washington St. Mt. Pleasant, IA 52641	319-385-7231
New Focus, Inc.	4	Sheltered Workshop	102 W. Washington PO Box 364 Centerville, IA 52544	641-437-1722 Fax 641-437-1028
New Hope Village	14	ICF/MR	PO Box 887 East 18th St. Carroll, IA 51401	712-792-5500
Nishna Productions, Inc	73	HCBS	902 Day St Shenandoah, IA 51601	712-246-1242

North Iowa Transition Center	17	Supported Community Living (SCL) RCF/PMI	PO Box 1503 Mason City, IA 50401	641-424-8708 Fax 641-421-7688
North Iowa Vocational Center	17	Sheltered Workshop	PO Box 428 Mason City, IA 50401	641-423-3301
*North Star Community Services	7 64	Adult Day Care HCBS Work Activity	3420 University Ave Waterloo, IA 50701 16 E. Main Street Marshalltown, IA 50158	319-236-0901 641-754-4842
Oak Haven Care Facility	30	RCF	2273 170 th St. Okoboji, IA 51355	712-332-2932 Fax 712-332-2783
Opportunity Living	13	ICF/MR	105 Westview Lake City, IA 51449	712-464-8961
Opportunity Village	17	Work Activity Supported Community Living (SCL) ICF/MR HCBS	PO Box 622 1200 N. 9th St. W. Clear Lake, IA 50428	641-357-5277
Park Place	65	ICF/MR	114 E. Green St. Glenwood, IA 51534	712-527-4841 Fax 712-527-6151
Poweshiek Co. Mental Health	79	Outpatient Mental Health	200 4 th Ave. W Grinnell, IA 50112-1833	641-236-6137 Fax 641-236-0206
Progress Industries	50	CSALA Sheltered Workshop Supported Employment HCBS	1017 East 7 th Street North Box 1449 Newton, IA 50208-1449	641-792-6119
*Region Six Planning Commission	64	Transportation	905 East Main St. Marshalltown, IA 50158	641-752-0717
Rem Iowa, Inc.	57	ICR/MR	102 A Avenue Hiawatha, IA 52233	319-294-0430
Rescare, Inc. Highland Place -RCF	51	RCF/PMI RCF	13011 120 th Ave. Ottumwa, IA 52501-8662	641-684-6692
Southern Iowa Resources for Families	88	HCBS SCL	109 Elm St Creston, IA 50801	641-782-4170
Spectra Health Care	11	Psychiatric Rehabilitation RCF	5726 120 th Ave Storm Lake, IA 50588	712-732-4118
Story County Community Life	85	RCF	104 S. Hazel Ave. Ames, IA 50010	515-233-3510
Story County Developmental Center.	85	Work Activity	1200 McCormick Ave PO Box 1608 Ames, IA 50010	515-232-8405
Tenco Industries	26	HCBS Sheltered Workshop	R.R. #8 Box 23 Bloomfield, IA 52537	641-664-2593
The Pride Group.	75 18	RCF RCF/PMI	1240 Lincoln St. NE LeMars, IA 51031	712-546-6500
West Fork Services, Inc.	46	Work Activity	21 N. Taft Humboldt, IA 50548	515-332-2841
Woodward Resource Center	8	ICF/MR HCBS	1251 334 th St. Woodward, IA 50276	515-438-2600 Fax 515-438-3573